



Fall Newsletter
September - November 2008

Our Organizational Beliefs:

- A mother is more than any single role she plays at any given point in her lifetime. She is entitled to fully explore and develop her identity as she chooses: as a woman, a citizen, a parent or an employee.
- All the work mothers do - whether paid or unpaid - has social and economic value.
- All women deserve recognition and support for their right to choose if and how to combine parenting and paid employment.
- All mothers, all children and all families are unique.
- We respect the wisdom of each mother to decide how to care for her children, her family and herself.
- Mothers have the right to fulfill their care-giving responsibilities without incurring social and economic penalties.
- The transitions women make into and through motherhood are challenging and can be difficult.
- Together, mothers are powerful.

F.Y.I.

National has scholarship funds available for moms who want to join (or renew) but cannot afford the annual dues. Please ask for one if you need it! The process is completely confidential. Con-

Mothers & More

Assabet Valley Chapter #185

The President's Piece

It's almost time to Fall Back, but what are we really planning to fall back into? I find myself getting excited for sweaters, jeans and all the other clothes that I didn't get to wear last year as they were lovingly stored in a space bag to make way for my maternity clothes.

Last summer was my first New England summer and it was HOT! That meant that my first New England fall was almost non-existent. I am so excited this year to watch the leaves change and have the air filled with the crisp smells of autumn that tell us winter is on the way.

I can't wait to collect leaves and press them Martha Stewart-style, make apple cider and all the other things that I envisioned in my head as my family planned our move out here. Mothers and More has provided me with the structure to get involved in a lot of the local fun that I may have been too shy to do on my own. I know that most people who know me would not ever use the word 'shy' to describe me, but that's because I feel comfortable in this group. Being around a group of women who are in the same proverbial boat, are fun and smart has allowed me to embrace staying at home with my kids, and to better appreciate the slow down that Fall and Winter provide.

I have really enjoyed my year as co-leader and look forward to another year with this great organization!

Your President,

Sara Wutzke

Table of Contents

• New Additions and Milestones	Page 2
• Event Details	Page 3
• Index of Events	Page 6
• Chapter Calendar	
• September 2008	Page 7
• October 2008	Page 8
• November 2008	Page 9

Reminder: There will not be a chapter meeting held on the second Thursday of October. Instead, we will be holding our Open House on Thursday, October 16th.

New Additions and Milestones

Welcome to Our
Newest Members

Pam H., Grafton
Dina H., Southborough
Kristi M., Marlborough
Karen S., Worcester

Happy Birthday!

Kerry L. September 14
Cristina M. September 15
Kim M-G September 26
Carol A. October 10
Erin M. November 6
Jess B. November 19
Sarah M. November 20

Happy Anniversary

Peggy D. & Steve September 26, 10 years
Kim M-G & Peter October 12, 11 years
Kerry L. & Matt October 18, 5 years
Elizabeth K. & Paul November 1, 11 years



Congratulations to Sara, Jared & Henry W. who
welcomed baby Charles "Charlie" Rulon W. on June
2nd.

Event Details (September 2 - September 30, 2008)

Tuesday, September 2nd, 10:00AM: Coffee Club

Location: Starbucks, Marlborough

RSVP Michele Q.

Coffee not your thing? Grab a hot chocolate or tea and relax and chat while the kids play. No need for anyone to clean up their house for this playdate!

Wednesday, September 3rd, 4:00 - 6:30PM: Kids' Activity

Daytime Campout

Gaby D.'s Home

Let your kids enjoy make s'mores and hot dogs at this daytime campout. There will also be a tent setup and games to be played.

Thursday, September 4th, 7:30 PM: Moms Night Out

Location: The Melting Pot, Framingham

RSVP Kim M-G

You won't want to miss this yummy Moms Night Out. Indulge yourself with some delicious fondue. Just make sure you save some room for the chocolate course!

Monday, September 8th, 7:30: Book Club

Kim M-G's House

***The Other Boelyn Girl* by Philippa Gregory**

"Sisterly rivalry is the basis of this fresh, wonderfully vivid retelling of the story of Anne Boleyn. Anne, her sister Mary and their brother George are all brought to the king's court at a young age, as players in their uncle's plans to advance the family's fortunes. Mary, the sweet, blond sister, wins King Henry VIII's favor when she is barely 14 and already married to one of his courtiers. Their affair lasts several years, and she gives

Henry a daughter and a son. But her dark, clever, scheming sister, Anne, insinuates herself into Henry's graces, styling herself as his adviser and confidant. Soon she displaces Mary as his lover and begins her machinations to rid him of his wife, Katherine of Aragon. This is only the beginning of the intrigue that Gregory so handily chronicles, capturing beautifully the mingled hate and nearly incestuous love Anne, Mary and

George ("kin and enemies all at once") feel for each other and the toll their family's ambition takes on them. Mary, the story's narrator, is the most sympathetic of the siblings, but even she is twisted by the demands of power and status; charming George, an able plotter, finally brings disaster on his own head by falling in love with a male courtier. Anne, most tormented of all,

is ruthless in her drive to become queen, and then to give Henry a male heir. Rather than settling for a picturesque rendering of court life, Gregory conveys its claustrophobic, all-consuming nature with consummate skill. In the end, Anne's famous, tragic end is offset by Mary's happier fate, but the self-defeating folly of the quest for power lingers longest in the reader's mind." - Publisher's Weekly

Tuesday, September 9th, 4:30PM: HOOT 'N HOWL:

Assabet Park, Northborough

RSVP Sara W.

Is your Husband Out Of Town or Out Working Late? HnH's are a chance for you to get a break from cooking dinner while the kids wear themselves out playing. Expect to pay \$10 per family to cover pizza costs and bring a snack or drink to share.

Thursday, September 11th, 7:00PM: Chapter Meeting

Topic: Nutrition for Kids

Location: Whitney Place, Northborough

We will be having guest speaker, Dr. Matthew Waugh, speak to us on the topic of Nutrition for Kids. Dr. Waugh is a pediatrician at Southboro Medical.

Saturday, September 13th, 11:00AM: Family Activity

Apple Picking

Location: Schartner Farm, Bolton

RSVP Kristen S.

Once again, member Kristen S. has offered to host us at her family farm. Come pick some apples for a yummy snack or to put in your favorite recipe. It is also a great place to bring your picnic lunch.

Monday, September 15th, 7:30PM: Moms Night Out

Chick Flix & Dessert

Location: Beth K's Home

Here's your chance to watch some of those chick flix that your husband doesn't want to watch with you and enjoy some delicious desserts at the same time.

Thursday, September 18th, 7:30PM: Seasoned Moms

Kids and Collections

Location: Giuseppe's, Northborough

RSVP Gaby D.

How much is too much? When should you help your child with their collections? Are they getting fair trades? Should they even have a collection? Share your ideas on this topic with other moms.

Monday, September 22nd, 3:30 - 5:00PM: Kids' Activity

Oympics

Leslie S. Home

Do you have the next Michael Phelps in your house? Here's a chance for your kids to experience their own Olympic events.

Wednesday, September 24th, 6:00PM: Couples Night Out

Taste of Wachusett

Location: Wachusett Mountain, Princeton

RSVP Carol C.

From the website: Take part in the region's largest food & beverage trade show! Sample from the region's finest restaurants, hotels, caterers, clubs and distributors. Take a free SkyRide & enjoy the beautiful September foliage. Receive coupons, recipes & discounts from local restaurants. Tickets are \$25 in advance, \$30 at the door.

Sunday, September 28th, Time TBD: Movie Club

Location TBD

RSVP Carey N.

Please contact our list manager to get added to the movie club list-serve so you can vote on what we will see.

Tuesday, September 30th, 7:00PM: Chapter Meeting

Topic: Sex Education for Children

Location: Whitney Place, Northborough

Mindy Craver from Planned Parenthood will be returning to speak to us about talking to our children about sex. This should not be missed!

Event Details (October 2, - October 26, 2008)

October Time & Date TBD
Comedy Night: Moms Night Out
RSVP Sara W.

Thursday, October 2nd, 10:00AM: Coffee Club
Location: TBD
RSVP Michele Q

Start your day off right with a cup of coffee and a playdate for your kids.

Thursday, October 2nd, 7:30 PM: Board Meeting/
Coordinator's
Carol C.'s Home, Clinton

Friday, October 3rd - Sunday, October 5th
Mom's Weekend Away
New York City

Join some of your fellow Moms for a weekend away where no one will call you Mommy. Details for hotels and info have been posted on Talk.

Tuesday, October 7th, 7:30PM: Book Club
Nancy B.'s Home

***My Horizontal Life* by Chelsea Handler**

"In this raucous collection of true-life stories, actress and comedian Chelsea Handler recounts her time spent in the social trenches with that wild, strange, irresistible, and often gratifying beast: the one-night stand.

You've either done it or know someone who has: the one-night stand, the familiar outcome of a night spent at a bar, sometimes the sole payoff for your friend's irritating wedding, or the only relief from a disastrous vacation. Often embarrassing and uncomfortable, occasionally outlandish, but most times just a necessary and irresistible evil, the one-night stand is a social rite as old as sex itself and as common as a bar stool.

Enter Chelsea Handler. Gorgeous, sharp, and anything but shy, Chelsea loves men and lots of them. *My Horizontal Life* chronicles her romp through the different bedrooms of a variety of suitors, a no-holds-barred account of what can happen between a man and a sometimes very intoxicated, outgoing woman during one night of passion. From her short fling with a Vegas stripper to her even shorter dalliance with a well-endowed little person, from her uncomfortable tryst with a cruise ship performer to her misguided rebound with a man who likes to play leather dress-up, Chelsea recalls the highs and lows of her one-night stands with hilarious honesty. Encouraged by her motley collection of friends (aka: her partners in crime) but challenged by her family members (who at times find themselves a surprise part of the encounter), Chelsea hits bottom and bounces back, unafraid to share the gritty details. *My Horizontal Life* is one guilty pleasure you won't be ashamed to talk about in the morning." - Synopsis from Barnes & Noble

Wednesday, October 8th, 4:30PM: HOOT 'N HOWL
Location : McDonald's, Westborough
(near Northboro WalMart)

Is your Husband Out Of Town or Out Working Late? HnH's are a chance for you to get a break from cooking dinner while the kids wear themselves out playing. October's HnH will be held at McDonalds. Get your kids some of that food they love and let them play in the playspace.

Monday, October 13th, 10:00AM: Family Activity
Roger Williams Park Zoo, Providence, RI
RSVP Nancy B.

Meet at the fabulous Roger Williams Park Zoo and see animals from all over the world. Check your local library for passes.

Thursday, October 16th, 7:00PM: Open House
Location: Whitney Place, Northborough

Come find out what our chapter is all about. Bring along your friends who may want to join our wonderful chapter.

Sunday, October 19th, 7:00PM Moms Night Out
Quilting
Erin D.'s Home

Chapter member, Erin D., will be teaching us how to piece together a simple block. If you already know how to quilt, bring your latest project along.

Monday, October 20th, 7:30PM: Planning Meeting
Lisa H.'s House

This is your chance to help decide what our chapter will be doing during the next quarter. Only those who show up at the meeting get to vote. You can send any ideas you might have to Lisa H.

Thursday, October 23rd, 7:30PM: Seasoned Moms
Raising an Individual

Location: Borders at Solomon Pond

It's pretty easy to do things as a family when the kids are young, but as they get older their individual talents and tastes don't always match those of the rest of the family. How do you manage to stay together with these differences? When should you let them do their own thing? Let's share our ideas and experiences.

Saturday, October 25th, 9:30AM: Kids' Activity
Halloween Party
Janice P.'s Home
RSVP Lisa H.

Give your kids another chance to show off that Halloween costume. They will also be able to enjoy some Halloween crafts.

Sunday, October 26th, Time TBD: Movie Club
Location: TBD
RSVP Carey N.

Please contact our list manager to get added to the movie club list-serve so you can vote on what we will see.

Event Details (October 28, - November 30, 2008)

Tuesday, October 28th, 7:00PM: Chapter Meeting

Topic: Living More Simply

Location: Whitney Place, Northborough

Join in on a group discussion on how to live more simply. Be prepared to share the ways you live more simply or just come to get ideas from others.

Monday, November 3rd, 5:30PM: HOOT 'N HOWL

JJ O'Rourke's, Northborough

RSVP Janice P.

Is your Husband Out Of Town or Out Working Late? Grab some dinner with your kids at JJ O'Rourke's and then let your budding star show off with some kids karaoke.

Tuesday, November 4th, 10:00AM: Coffee Club

Location: TBD

RSVP Michele Q.

Grab some coffee or tea while your kids enjoy meeting up with some playmates.

Tuesday, November 4th, : PM: Moms Night Out

Card Making

Sara W.'s Home

Get your creative juices flowing. Enjoy a night out while our own Sara W. teaches a card making craft.

Thursday, November 6th, 7:30PM: Book Club

Sara W.'s Home

***Five Quarters of the Orange* by Joanne Harris**

"In *Five Quarters of the Orange*, Joanne Harris returns to the small-town, postwar France of [Chocolat](#). This time she follows the fortunes of Framboise Dartigan, named for a raspberry but with the disposition of, well, a lemon. The proprietor of a café in a rustic village, this crabby old lady recalls the days of her childhood, which coincided with the German occupation. Back then, she and her brother and sister traded on the black market with the Germans, developing a friendship with a charismatic young soldier named Tomas. This intrigue provided a distraction from their grim home life--their father was killed in the war and their mother was a secretive, troubled woman. Yet their relationship with Tomas led to a violent series of events that still torment the aging Framboise.

Harris has a challenging project here: to show the complicated, messy reality behind such seemingly simple terms as *collaborator* and *Resistance*. To the children, of course, these were mere abstractions: "We understood so little of it. Least of all the Resistance, that fabulous quasi-organization. Books and the television made it sound so *focused* in later years; but I remember none of that. Instead I remember a mad scramble in which rumor chased counter-rumor and drunkards in cafes spoke loudly against the new *regime*." The author's portrait of occupier and occupied living side by side is given texture by her trademark appreciation of all things French. Yes, some passages read like romantic, black-and-white postcards: "Reine's bicycle was smaller and more elegant, with high handlebars and a leather saddle. There was a bicycle basket across the handlebars in which she carried a flask of chicory coffee." But these simple pleasures, recorded with such adroitness, are pre-

cisely what give Framboise solace from the torment of her past. --*Claire Dederer* - *Synopsis form Amazon.com*

Monday, November 10th, 9:30 AM: Kids' Activity

Location: Playtown Express, Hopkinton

RSVP Erin D.

From the website: We are an indoor playground with the addition of a drop-off care area. Our Play center offers state-of-the-art equipment suitable for children 0-9 years of age. Children can climb on our netted climber, bounce on our train bouncy or fuel their imaginations as they ride on our play cars through town. Infants can play too in a separate matted section.

Thursday, November 13th, 7:00 PM: Chapter Meeting

Start Your Own Business

Location: Whitney Place, Northborough

Our own Sara W. will be talking to us about starting your own small business.

Sunday, November 16th, 7:30 PM: UFO

Hooded Towels

Lisa H.'s Home

Learn to make a wonderful hooded towel for your child out of some washcloths and a towel. You are sure to impress your friends with this new found skill.

**Monday, November 17th, 7:30PM: Moms Night Out
Soup Festival**

Susan T.'s Home

Fall is the perfect time to enjoy some delicious soup. Bring along your favorite and taste all of the other wonderful creations.

**Wednesday, November 19th, 9:30AM: Kids' Activity
Princess & Pirate Tea**

Kim M-G's Home

Bring your little princess or pirate to what is sure to be a much talked about event.

**Tuesday, November 25th, 7:00PM: Chapter Meeting
Allowances**

Location: Whitney Place, Northborough

Join in on a group discussion on allowances. Find out what others do for allowances and share your thoughts on the subject.

Sunday, November 30th, Time TBD: Movie Club

Location: TBD

RSVP : Carey N.

Please contact our list manager to get added to the movie club list-serve so you can vote on what we will see.

Index of Events

Categorized by Age

Adults (and non-Mobile Infants)

- MNO—Melting Pot, Sept. 2
- Book Club, September 8
- Chapter Meeting, Sept. 11
- MNO - Chick Flix & Dessert, Sept. 15
- Seasoned Moms, Sept. 18
- CNO –Taste of Wachusett, Sept. 24
- Movie Club, September 28
- Chapter Meeting, Sept. 30
- Board/Coordinators Meeting, October 2
- Moms Weekend Away, Oct. 3 - 5
- Book Club, October 7

- Open House, October 16
- MNO - Quilting, October 19
- Planning Meeting, Oct. 20
- Seasoned Moms, October 23
- Movie Night, October 26
- Chapter Meeting, October 28
- Book Club, November 6
- Chapter Meeting, Nov. 13
- UFO, November 16
- Soup Festival, November 17
- Chapter Meeting, Nov. 25
- Movie Night, November 30

- HOOT 'N HOWL, Sept. 9
- Apple Picking, September 13
- Olympics, September 22
- Coffee Club, October 2
- HOOT 'N HOWL, October 8
- Roger Williams Zoo, Oct. 13
- Halloween Party, October 25
- HOOT 'N HOWL, Nov. 3
- Coffee Club, November 4
- Playtown Express, Nov. 10
- Princess & Pirate Tea, Nov.19

Moms and Kids

- Coffee Club, September 2
- Campout, September 3

Categorized by Type of Event

Board/Coordinators Meeting

- October 2

Book Club

- September 8
- October 7
- November 6

Chapter Meetings

- September 11
- September 30
- October 28
- November 13
- November 25

Coffee Club

- September 2
- October 2
- November 4

Couples Night Out

- September 24

HOOT 'N HOWL

- September 9
- October 8
- November 3

Kids Activity

- September 13
- September 22
- October 13
- October 25
- November 10
- November 19

Moms Night Out

- September 4
- September 15
- October 19

Moms Weekend Away

- October 3 –5

Movie Club

- September 28
- October 26
- November 30

Open House

- October 16

Planning Meeting

- October 20

Seasoned Moms

- September 18
- October 23

UFO

- November 16

Each event should be listed once in the top section and at least once in the bottom section

Chapter Calendar September 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Coffee Club 10:00AM Starbucks, Marlborough RSVP Michele Q.	3 KA Campout 4:00 –6:30PM Gaby D.'s Home	4 MNO Melting Pot 7:30PM RSVP Kim M-G	5	6
7	8 BC <i>The Other Boelyn Girl</i> 7:30PM Kim M-G's Home	9 HnH 4:30PM Assabet Park RSVP Sara W.	10	11 Chapter Meeting 7:00PM Nutrition for Kids	12	13 FA Apple Picking 11:00 Schartner Farm
14	15 MNO Chick Flix & Dessert 7:30PM Beth K.'s House	16	17	18 SM Kids & Collections 7:30PM Giuseppe's	19	20
21	22 KA Olympics 3:30 – 5:00PM Leslie S.' House	23	24 CNO Taste of Wachusett 6:00PM RSVP Carol C.	25	26	27
28 Movie Club Time TBD Location TBD RSVP Carey N.	29	30 Chapter Meeting Sex Ed. For Kids 7:00PM				

Key to Abbreviations:

AVAFN Assabet Valley Area Family Network, 169 Pleasant St.
Marlborough
BC Book Club
DP Drop-In Playgroup
ES Early Stages

FA Family Activity
KA Kid's Activity
HnH Hoot 'n Howl
MEO Moms Eat Out
MNO Mom's Night Out
SC Scrapbook Club
SM Seasoned Moms

Chapter Calendar October 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 Coffee Club 10:00AM Location TBD RSVP Michele Q. Board/Coordinators Meeting 7:30PM Carol C.'s Home	3 Mom's Weekend Away New York City	4 Mom's Weekend Away New York City
5 Mom's Weekend Away New York City	6	7 BC <i>My Horizontal Life</i> 7:30PM Nancy B.'s Home	8 HnH McDonald's, Westborough 4:30PM RSVP Beth K.	9	10	11
12	13 FA Roger Williams Park Zoo 10:00AM RSVP Nancy B.	14	15	16 Chapter Open House 7:00PM	17	18
19 MNO Quilting 7:00PM Erin D.'s Home	20 Planning Meeting 7:30PM Lisa H.'s Home	21	22	23 SM Raising an Individual 7:30PM Borders	24	25 KA Halloween Party 9:30AM Janice P.'s Home RSVP Lisa H.
26 Movie Club Location: TBD Time: TBD RSVP Carey N.	27	28 Chapter Meeting Living More Simply 7:00PM	29	30	31	

November 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 HnH JJ O'Rourke's 5:30PM RSVP Janice P.	4 Coffee Club Location: TBD 10:00AM RSVP Michele Q. MNO Card Making 7:30PM Kim M-G.'s Home RSVP Sara W.	5	6 BC <i>Five Quarters of the Orange</i> 7:30PM Sara W.'s Home	7	8
9	10 KA Playtown Express RSVP Erin D.	11	12	13 Chapter Meeting Starting Your Own Business 7:00PM	14	15
16 UFO Hooded Towels 7:30PM Lisa H.'s Home	17 MNO Soup Festival 7:30PM Susan T.'s Home	18	19 KA Princess & Pirate Tea 9:30AM Kim M-G's Home	20	21	22
23	24	25 Chapter Meeting Allowances 7:00PM	26	27	28	29
30 Movie Club Location: TBD Time: TBD RSVP Carey N.						



Mothers & More
Assabet Valley Chapter #185
107 Causeway Street
Hudson, MA 01749

